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Introduction to Disaster Mental Health and Trauma Counseling: Basic Training for Disaster Response Crisis Counselors

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**Prerequisites:** None

**Description**

This full-day workshop is for mental health responders who may be called upon to provide early psychological intervention in the wake of a disaster or terrorist attack. The program addresses the critical knowledge areas and skill sets that will allow the mental health responder to work with the public health system, law enforcement and emergency management system in addressing the mental health consequences of such events. The program describes the New Jersey Disaster Mental Health System and introduces and is consistent with the Federal Emergency Management (FEMA)-Substance Abuse Mental Health Services Administration (SAMHSA) model of community crisis intervention.

Successful completion of this course is a mandatory requirement for certification as a Disaster Response Crisis Counselor (DRCC).

**Objective**

Participants will be provided information about the scope and prevalence of disasters, the psychosocial impact of such events, and the key concepts of early intervention. In addition, it will provide the learner with an awareness of the impact of providing disaster mental health support on the care-giver.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
National Incident Management System 700

Format: Instructor led or Online at http://training.fema.gov/
Hours: 4-hours
Audience: Human Service Professionals
CEU's: None
Approved for 2 Initial Certification Credits
Prerequisites: None

Description

In response to attacks on September 11, President George W. Bush issued Homeland Security Presidential Directive 5 (HSPD-5) in February 2003. This directive called for a National Incident Management System (NIMS) and identified steps for improved coordination of federal, state, local, and private industry response to incidents and described the way these agencies will prepare for such a response. This directive, as well as an Executive Order from former Governor Codey, requires all potential first responders to receive training in the Incident Command System and National Incident Management System.

The National Incident Management System (NIMS) 700 course explains the purpose, principles, key components and benefits of NIMS. The Incident Command System or ICS 100 level course provides an overview of the standardized, on-scene, all-hazard incident management concept. It is designed to introduce behavioral health responders to basic ICS concepts and terminology.

Successful completion of Incident Command System (ICS) 100 and NIMS 700 requirements for those seeking the Disaster Response Crisis Counselor credential. A 25-quesiton multiple choice exam must be taken in class or Online for both the ICS 100 and NIMS 700 sections. A test score of no less than 75% is required.

Objective

Participants will be introduced to the key concepts of the National Incident Management System and Incident Command System, including common terminology, information systems, facilities and roles and responsibilities in the command structure during on-scene disaster response activities.

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab for the instructor-led class or http://training.fema.gov/ to take this class Online.
Incident Command System 200 (ICS 200)

**Format:** Instructor led or Online at http://training.fema.gov/
**Hours:** 3-hours
**Audience:** Human Service Professionals
**CEU's:** None

Approved for 2 Initial Certification Credits
**Prerequisites:** NIMS 700/ICS 100

**Description**

ICS 200 is designed to enable personnel to operate efficiently during an incident or event within the Incident Command System (ICS). ICS-200 provides training on and resources for personnel who are likely to assume a supervisory position during a disaster or crisis response. ICS-100 is a pre-requisite to the ICS-200 course.

A 25-quesiton multiple choice exam must be taken in class or Online for the ICS 200 course. Successful completion with a test score of no less than 75% is required.

**Objective**

This course will allow participants to describe the ICS organization appropriate to the complexity of the incident or event, and use the ICS to manage the incident or event response.

**How to Register**

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab to register for the instructor-led class or http://training.fema.gov/ to take this class Online.
Key Concepts in Psychological First Aid

Format: Instructor Led  
Hours: 6-hours  
Audience: Human Service Professionals  
CEU’s: Approved for 6 Initial Certification Credits  
Prerequisites: None

Description

This workshop is a full-day workshop for mental health professionals and paraprofessional crisis team members who may be called upon to provide early psychological intervention in the wake of a disaster, terrorism, and/or other violent or traumatic events. The program addresses the critical knowledge areas and skill sets that will allow the crisis responder to deliver effective, empirically-sound services within the first 0 to 48-hours after an event.

Objective(s):

- Participants will describe the differences between Psychological First Aid (PFA) and other models of early psychological intervention
- Participants will explain how fits into the responder's overall “tool kit” of phase-specific interventions
- Participants will demonstrate a working knowledge of PFA concepts and skills.

How to Register

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab for the instructor-led class.
Managing the Psychosocial Consequences of Chemical, Biological, Radiological, Nuclear, and Explosive (CBRNE) Terrorism: *Impact and Intervention-Psychological First Aid Skills and Crisis Counseling Strategies.*

**Format:** Instructor Led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU's:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description**

Managing the Psychosocial Consequences of Chemical, Biological, Nuclear and Radiological (CBRNE) Terrorism is a full-day workshop for mental health professionals and others who may be called upon to provide early psychological intervention in the wake of a CBRNE attack. The program addresses the critical knowledge areas and skill sets that will allow the mental health professional to work with the public health system in addressing the impact of such events.

**Objective(s):**

- Participants will be able describe the different CBRNE agents and the physiological and psychological impact of CBRNE terrorism
- Participants will be learn psychological first aid techniques and strategies for providing crisis counseling in the wake of a CBRNE event.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Ethical Issues in Crisis Response

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU's:** Approved by NJ/NASW for 6.0 CEU’s  
Approved for 6 Initial Certification Credits  
**Prerequisites:** Introduction to Disaster Mental Health and the FEMA CCP; NIMS 700/ICS 100

**Description**

This workshop will provide a review of relevant ethical principles and issues related to crisis and disaster response interventions. The workshop will review general principles and elements of ethical decision making models and discuss their application to crisis and disaster response. Philosophical issues (e.g., the politics and economics of disaster relief efforts) and practical issues (e.g., the varied and sometimes conflicting roles of the crisis counselor) will be presented for group analysis and discussion. Case vignettes will illustrate some of the common ethical dilemmas encountered by crisis counselors, and provide a framework for decision-making. The workshop will conclude with an opportunity for open discussion of ethical dilemmas we have encountered in our work, and how we seek to resolve such dilemmas.

**Objectives**

- Participants will identify areas of potential ethical conflict that are relevant to crisis intervention and disaster response work
- Participants will identify elements of an ethical decision-making model that can be applied to specific ethical dilemmas
- Participants will apply principles of an ethical decision making model to case vignettes involving crisis and disaster response

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Assessment and Treatment Strategies for Trauma and Substance Abuse  
Former Title: Critical Issues for Addressing Trauma and Substance Abuse

Format: Instructor led  
Hours: 6-hours  
Audience: Human Service Professionals  
CEU's: Approved for 6 Recertification Credits  
Prerequisites: None

Description:

This workshop is designed to educate substance abuse and mental health counselors on the prevalence of Substance Use Disorders and Posttraumatic Stress Disorder (PTSD) and to provide cross training regarding the identification, assessment and treatment interventions for both types of disorders in order to promote the best outcomes for people with these co-occurring disorders.

Objectives:

- Participants will identify specific assessment of Substance Abuse and Trauma related disorders  
- Participants will learn the history of specific populations who are most often diagnosed with both disorders and the poor treatment outcomes that are achieved when attempts are made to treat each disorder separately rather than concurrently.  
- Participants will understand the myths in the field regarding this population  
- Participants will learn the research about the chemical reactions created by both traumatic stress and abuse.  
- Participants will understand successful treatment models and will engage in experiential exercises to understand the different stages of treatment for these disorders.

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
Grief and Loss in Crisis Response: Practical Principles of Early Intervention

Format: Instructor led
Hours: 6-hours
Audience: Human Service Professionals
CEU’s: Approved for 6 Recertification Credits
Prerequisites: None

Description

This workshop will provide an overview of early intervention principles for grief, loss and bereavement work. The workshop will focus on the often neglected aspect of grief in disaster and crisis situations, and will provide practical guidelines for how to integrate a focus on grief into existing frameworks of disaster and crisis response. The workshop will also address the issue of ambiguous loss, and how these types of losses often complicate recovery from traumatic events.

Objectives

- Participants will be able to identify the tasks of grief, and strategies for addressing the relevant tasks early in the grief process
- Participants will identify practical strategies for incorporating a focus on grief issues into an existing disaster and crisis response framework, using case vignettes and discussion that illustrate early intervention principles
- Participants will identify aspects of ambiguous loss, and how this phenomenon may be particularly relevant in disaster situations

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
Cross Cultural Issues in Disaster Response and Recovery  
Former Title: Cultural Diversity in the Provision of Disaster Mental Health Services

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU's:** Approved for 6 Initial Certification Credits  
**Prerequisites:** Introduction to Disaster Mental Health and the FEMA CCP; NIMS 700/ICS 100

**Description**

This workshop provides a review of cultural issues and considerations that are relevant to the effective delivery of disaster mental health services. Aspects of culture and ethnicity that influence the experience of crisis, trauma and suffering, and cultural traditions that enhance recovery and healing for individuals, families and communities will be presented and discussed. Participants will be encouraged, through group exercises, to examine their own culturally-grounded values and beliefs, and how these constructs shape our professional roles. The workshop will conclude with an opportunity for open discussion of culturally-based ethical dilemmas we have encountered in our work, and how we seek to resolve such dilemmas.

**Objectives**

- Participants will identify specific aspects of how selected cultures understand and interpret crisis and suffering  
- Participants will learn ways in which culturally-derived rituals for healing and recovery can be incorporated into crisis counseling programs  
- Participants will understand the critical distinction between mental health and psychosocial interventions, and how this distinction shapes program development and delivery

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Assisting Children, Adolescents and Young Adults in Disasters

Format: Instructor led  
Hours: 6-hours  
Audience: Human Service Professionals  
CEU's: Approved for 6 Recertification Credits  
Prerequisites: None

Description

This workshop is intended for disaster mental health responders and others who may seek to provide psychosocial support to children, adolescents and young adults in times of disaster and crisis. The program explores unique age and developmental challenges associated with disaster survival and recovery, as well as addressing specific approaches to intervention. Specific factors affecting infants, school-aged children, teens and college students during response and recovery are explored, as well as basic principles for assisting youth during stressful events.

Objectives

- Participants will be able to describe the unique challenges faced by children during and after a disaster.
- Participants will be able to discuss the impact of disasters on youth ranging in age from infancy to young adulthood, as well as strategies and techniques for providing meaningful psychosocial support.

How to Register

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Psychosocial Issues for Older Adults in Disasters

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU’s:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description**

This six hour workshop is intended for disaster mental health responders and others who may seek to provide psychosocial support to older adults in times of disaster and crisis. Psychological First Aid concepts will be renewed as they apply to older adults. The program examines the unique challenges facing older adults when services and support systems are disrupted, as well as specific approaches to providing effective intervention to address the emotional consequences of disasters. Specific factors affecting older adults during response and recovery are explored, as well as basic principles for assisting older adults during stressful events.

**Objectives**

- Participants will be able to describe the various challenges presented to older adults during disasters.
- Participants will be able to discuss the strategies for engaging and assisting older adults with post-disaster psychosocial needs.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Resilience: Discovering the Healing Power of Families

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU's:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description**

Traumatic events intrude upon our lives, throughout our lives. They come to us in the form of disasters, accidents, illness and the deliberate acts of human cruelty, violence and terrorism. This workshop will provide a context for understanding the impact of such events on the family. We are well aware of the possibility for devastation in these events but there is also the potential that rests within us all that provides us with opportunities for growth. This is resilience. We will look at the interactions and relationships that emerge between parents and children in the aftermath of a traumatic event and discuss useful approaches to problem solving.

**Objectives**

- Participants will experience the healing powers of the human spirit by using narrative, symbolic and play techniques to discover the individual and collective strengths of the family.
- Participants will gain an understanding of how traumatic events are processed between children and their adult caretakers, both at home and at school.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Supporting Military Families in the Face of Trauma

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU’s:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description**

This full day training is meant to be an overview and primer for participants to understand current issues regarding stress, loss and trauma faced by military families and treatment/support implications. An overview of military “culture” is important as a context to best understand the stresses and treatment issues that may present in the community. Issues to be highlighted will include the experiences of Deployment, Injury, Traumatic Brain Injury, Psychological Trauma, Reunification and Death on the service member and their family. Impact on children and family on the home-front will be explored with age specific concerns, grief and loss and resiliency factors. Resources for Military Families will be shared.

**Objectives**

- Participants will appreciate the strengths and risks inherent in military life as they relate to the incidence of potential and actual traumatic experiences.
- Participants will examine how grief and loss are experienced through such situations as deployment, reunification, injury and loss of life.
- Participants will learn how families cope with loss, change, stress and grief and the impact on children.
- Participants will learn ways to intervene with military personnel, veterans and their families to provide direct support and networks of support.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Early Intervention for Trauma and Traumatic Loss

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU’s:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description**

This workshop will provide participants an opportunity to examine emerging research and clinical approaches designed to provide early intervention for trauma and traumatic loss. Current research on risk and resilience factors is reviewed to provide a foundation for examining the rationale for, and conceptual basis of early interventions. Beyond Psychological First Aid, evidence-based practices and models are emerging that are designed to provide intervention typically within the first year after a traumatic event, with the goal of mitigating the potentially serious negative consequences of trauma for those at risk for such reactions. Studies examining outcomes of exposure to potentially traumatic events (PTE’s) suggests that although the percentage of those exposed who develop more serious problems remains relatively small, it is not insignificant. Additionally, for those who develop more serious problems early in the post-adaptation process, there is considerable risk of these problems becoming chronic and debilitating if left unaddressed. This workshop examines models such as Skills for Psychological Recovery, forms of Cognitive-Behavior Therapy, and Narrative Exposure Therapy as examples of emerging evidence-based interventions that can be offered early in the adaptation process.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.

Format: Instructor led  
Hours: 6-hours  
Audience: Human Service Professionals  
CEU’s: Approved for 6 Recertification Credits  
Prerequisites: None

Description

This program is designed to share critical information about individual, group, crowd and mob behavior in natural and technological disasters, as well as incidents of mass violence and public health crises. An “all-hazards” model is applied across the various phases of emergency management. This information is intended to be used to help individuals involved in emergency management planning and in the response phase to form accurate psychological and behavioral assumptions regarding human behavior in disaster, emergency policies, plans, exercises and incident responses.

How to Register

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Traumatic Loss from a Faith Perspective

Format: Instructor led  
Hours: 6-hours  
Audience: Human Service Professionals  
CEU’s: Approved for 6 Recertification Credits  
Prerequisites: None

Description

This six hour training will examine important aspects of trauma from a faith based perspective. Participants will explore the basic tenets of several religions and the related significant considerations in the immediate aftermath of traumatic death.

Objectives

- Participants will know the basic tenets of various religions with regard to beliefs about life after this life.
- Participants will identify important considerations significant from various religious perspectives in the aftermath of death.
- Participants will understand the beliefs/mandates regarding the disposition of remains after death.

How to Register

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Personal Safety for Disaster Mental Health Responders

Format: Instructor led
Hours: 6-hours
Audience: Human Service Professionals
CEU’s: Approved for 6 Recertification Credits
Prerequisites: None

Description

A dynamic skill building program for disaster mental health workers who are likely to encounter strong emotional reactions during the delivery of post-disaster psychosocial support services. Threats to safety and health naturally bring out a range of intense emotional reactions and behavioral changes in individuals and communities. Some of the behavioral reactions, such as acute fear, anxiety, anger or rage can disrupt the delivery of services and may post a threat to the safety of the disaster mental health responder.

Objective

- Participants will be able to describe the precipitants and triggers of angry, abusive and potentially aggressive behavior in disaster survivors.

How to Register

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Mental Health Response to Mass Violence

Format: Instructor led
Hours: 6-hours
Audience: Human Service Professionals
CEU’s: Approved for 6 Recertification Credits
Prerequisites: None

Description

Incidents of mass violence, such as the shootings in Aurora, CO and Newtown, CT, as well as the bombing at the Boston Marathon produce unique and complex psycho-social reactions in individuals and communities. This full-day program explores the types and nature of acts of mass violence, as well as the emotional and behavioral reactions to these incidents. Attention is also given to the demands on first responders and others who reach out to help. Both long- and short-term mental health effects are explored, as well as models and methods of support and intervention, and integration with Victim Service providers and other agencies responding to an act of mass crime.

Objective

At the conclusion of this program, individuals will be able to describe the different dynamics of incidents of mass violence, the impact of mass violence, as well as psychological first aid techniques and other strategies for providing crisis counseling in the wake of a mass violence event.

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
Aggression and Rage Management

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU's:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description:**

Aggression and Rage Management (ARM) skills are essential for anyone providing disaster behavioral health services. Violent incidents, disasters and other community crises are emotionally-charged events that can result in angry and aggressive behaviors from individuals and groups. Such emotional reactions can become obstacles to effective emergency response and a danger for behavioral health responders.

Aggression and Rage Management (ARM) is a dynamic, skill-building program for anyone likely to encounter emotionally agitated, hostile and/or aggressive behavior in the post-disaster environment. The program introduces early warning signs for the detection of potentially hostile individuals, strategies for verbal de-escalation and personal safety skills for escaping and surviving violent encounters.

**Objective:**

This awareness and skill-building program will allow disaster behavioral responders to more safely and effective deliver services a wide variety of venues, such as shelters and other mass care settings, in Points of Dispensing (PODs), Disaster Recovery Centers and in the community. The dynamics of individual and group aggression are addressed, as well as strategies and techniques to improve personal and program safety and security.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Mental Health First Aid

**Format:** Instructor led  
**Hours:** 8  
**Audience:** Human Service Professionals  
**CEU's:** Approved for 8 Recertification Credits  
**Prerequisites:** None

**Description**

Mental Health First Aid is an 8-hour course (often broken up into two 4-hour days) that teaches the participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. The workshop helps the participant identify, understand, and respond to signs of addictions and mental illnesses. Participants will learn:

- Risk factors and warning signs of mental health problems.  
- Information on depression, anxiety, trauma, psychosis, and addiction disorders.  
- A 5-step action plan to help someone developing a mental health problem or in crisis.  
- Where to turn for help—professional, peer, and self-help resources

**Objectives**

- Participants will identify potential risk factors and warning signs for a range of mental health and substance abuse problems  
- Participants will be able to apply the five-step action plan encompassing the skills, resources and knowledge to assess the situation.  
- Participants will develop skills in assisting disaster survivors who may be developing or have developed a mental health disorder or substance abuse disorder to appropriate help and supports.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Substance Abuse Disorders in Disaster Settings

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Human Service Professionals  
**CEU’s:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description:**

This workshop will educate participants on the prevalence of substance use disorders in New Jersey and the issues that arise for this population following a disaster. Special attention will be paid to the opioid epidemic current in New Jersey. Participants will learn signs and symptoms of drug withdrawal and when medical assistance is indicated. Time will be spent orientating participants to the Guest Emergency Dosing System and the Mobile Medication Distribution Units.

**Objective:**

1. Participants will understand prevalence rates of illicit medication use and treatment admissions in New Jersey.
2. Be able to identify those in drug or alcohol withdrawal and know when medical assistance is necessary.
3. Be introduced to the GEMS (Guest Emergency Dosing System) and understand how opiate replacement therapy clients will be medicated in a disaster situation.
4. Have a working understanding of the Mobile Dispensing Units for opiate replacement therapy currently working throughout the state and how to access them in an emergency.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Self-Care for Disaster Behavioral Health Workers

Format: Instructor led
Hours: 6
Audience: Human Service Professionals
CEU's: Approved for 6 Recertification Credits
Prerequisites: None

Description

Working with survivors of natural and human-caused disasters is at times stressful. Many responders work long hours in chaotic environments. Moreover, being exposed to human suffering can take a toll on even the most seasoned worker. While helping survivors recover from a disaster can be both rewarding and challenging, it also cause long-lasting adverse effects for the worker.

Using best practices in self-care for disaster behavioral health responders, this training focuses on helping the disaster behavioral health responder understand the stressors associated with working in disasters, including secondary traumatic stress; the importance of developing self-care practices; and to recognize that caring for one’s self is part of helping others.

Objectives

• Participants will understand the need for self-care.
• Participants will identify potential risk factors and warning signs of secondary traumatic stress.
• Participants will be able to identify which self-care activities works best for them.

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
Among the Missing

Format: Instructor led  
Hours: 3  
Audience: Human Service Professionals  
CEU's: Approved for 3 Recertification Credits  
Prerequisites: None

Description

Disaster response in the immediate aftermath of a large-scale event includes the activation of resources such as 2-1-1 as well as the deployment of varied personnel among them DRCC. Sites/destinations may include 2-1-1, shelters, family assistance centers and healthcare settings. To better understand the system and the kinds of anticipated services you will be called to provide.

Objectives

- The 5 W's of 2-1-1  
- Practical direction with regard to your interventions and the words you choose in assisting others.  
- Care of yourself in this work

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
Preventing Secondary Crime in Disaster

Format: Instructor led
Hours: 6-hours
Audience: Human Service Professionals
CEU’s: Approved for 6 Recertification Credits
Prerequisites: None

Description:

Adding insult to injury, the physically and emotionally effects of disasters can be compounded by secondary crimes. The survivors of disasters and mass violence are especially vulnerable to crimes of opportunity, ranging from scams and property crimes, to interpersonal violence. Mass sheltering, high levels of law enforcement attention to the primary disaster, and other factors can create scenarios in which fraud, abuse, theft, looting and other collective criminal activity can further traumatize and terrorize a disaster-affected population. This program will discuss disaster and crisis response, and will open up ideas about the secondary crimes most prevalent to disaster and mass casualty survivors, as well as proactive quick measures to aid them.

Objective:

Disaster behavioral health responders are uniquely poised to detect exploitation and other crimes against disaster survivors, and may themselves be at risk to several types of post-disaster crime. Participants will be able to detect and respond to instances of post-disaster crime, as well as better protect themselves from the unique types of crime that often arise in the wake of disasters. An introduction to various state and federal level fraud prevention and crime reduction programs specific to disasters is also introduced.

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
Disaster Response Fundamentals

Format: Instructor led
Hours: 6-hours
Audience: Human Service Professionals
CEU's: Approved for 6 Recertification Credits
Prerequisites: None

Description:
To effectively inter-operate with a variety of disaster relief organizations it is important for the DRCC to have an understanding of the role and scope of all responding agencies. This full-day program addresses the roles and responsibilities of the Red Cross in general, and Red Cross Mental Health responders in specific, and how DRCCs can most effectively coordinate and cooperate in assisting those in shelters, PODs, and other disaster support environments. This program also discusses the key concept of “response-ability” and how DRCCs can best prepare their home, family and self to facilitate rapid response to disasters and crisis events. The program is co-facilitated by leaders from the Red Cross Disaster Mental Health and DRCC communities.

Objective:
- Participants will be able to describe key aspects of personal disaster response preparedness.
- Participants will learn specific roles and responsibilities of the Red Cross Disaster Mental Health, and the DRCCs.
- Participants will identify most common deployment sites and their roles at that site.
- Participants will be able to identify government and other voluntary disaster response operators and how DRCC's function with DRCC's.

How to Register
To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
ABC’s of DRCC Team Leaders

Format: Instructor led
Hours: 6-hours
Audience: DRCC Team Leaders
CEU’s: Approved for 6 Recertification Credits
Prerequisites: None

Description: This workshop is designed to address goals and challenges of being a Disaster Response Crisis Counselor Team Leader. The topics for discussion will include Team Leader and Crisis Counselor expectations, creating and maintaining appropriate boundaries, and assessing needs in the community. We will also discuss the importance of communication with other disaster agencies and reporting requirements. Emphasis will be placed on how to become a “mindful leader” and there will be an open forum to discuss challenges and how to co-create solutions.

Objectives:
- Identify role of team leader as liaison with County Mental Health Administrator, DRCC’s, and other disaster agencies.
- Understand the qualities of mindful leadership.
- Understand the importance of appropriate documentation in the field, especially the use of the DRCC log.
- Discuss problem solving techniques for difficult DRCC issues.

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.
Providing Spiritual Care in Times of Disaster

**Format:** Instructor led  
**Hours:** 6-hours  
**Audience:** Chaplains  
**CEU's:** Approved for 6 Recertification Credits  
**Prerequisites:** None

**Description:**  
Designed for clergy of all faith traditions who are willing and able to volunteer for Disaster Relief work, this 6 hour Spiritual Care Course covers the basics of spiritual care in difficult circumstances. The course is interactive and multi-faceted, including video clips and role playing. Each county’s information about Disaster protocols will be included.

Participants wishing to be part of the next Chaplains Cohort must also complete the DRCC classes described on the website and receive endorsement from their religious organizations.

**Objectives:**
- Differentiate the roles of spiritual vs pastoral counseling.
- Understand how they can be used in their county based disaster response.
- Demonstrate through role play ability to manage challenging chaplain specific scenarios.

**How to Register**

To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Emergency Preparedness: Access and Functional Needs in the Disability Community

Format: Instructor led
Hours: 6-hours
Audience: Human Service Professionals
CEU's: Approved for 6 Recertification Credits
Prerequisites: None

Description:
This half-day workshop addresses the impact challenges to recovery from a disaster for individuals with physical and/or cognitive disabilities. Whether in the home or a disaster shelter, it is important to understand, anticipate and be prepared to assist an individual in their unique recovery needs. This awareness level training program introduces important information for disaster counselors in order to better understand and address post-disaster challenges for individuals with disabilities.

Objectives:

- Identify the unique barriers individuals with access and functional needs (AFN) face before, during and after an emergency
- Understand how to effectively communicate with individuals with AFN
- Compare and contrast the social and medical models of disability
- Identify available Functional Need Support Services
- Understand non-discrimination guidelines

How to Register
To register for this course, please visit the [http://www.njdrcc.org](http://www.njdrcc.org) website and select the “Training Calendar” tab.
Mental Health Response to Public Health Emergencies

Format: Instructor led
Hours: 6-hours
Audience: Human Service Professionals
CEU's: Approved for 6 Recertification Credits
Prerequisites: None

Description:

State health emergency plans include the possible use of DRCCs in vaccination centers, on hotlines and other points of contact with a public concerned about and reacting to fears about their health. This awareness level training program discusses the unique behavioral reactions associated with public health emergencies and discusses how and where DRCCs may be most helpful in assisting those struggling with health emergency related fears and anxiety. A variety of different health emergency scenarios are discussed, including pandemic influenza, Ebola, Enterovirus and others. DRCC's are introduced to the various mechanisms, such as the health command centers, Points of Dispensing (PODs) and others, as well as to the various agencies responding to a health crisis.

Objective:

Information and guidance provided in this program will better equip disaster behavioral health responders to support public health emergency operations activated in response to a variety of health crises, including those which may be naturally occurring, as well as instances of bioterrorism. Participants will be better able to interoperate with public health entities and workers, and safely and effectively deliver crisis counseling and support in public health emergencies, by phone and web, or in person.

How to Register

To register for this course, please visit the http://www.njdrcc.org website and select the “Training Calendar” tab.